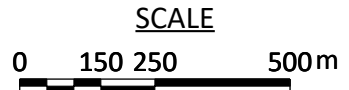


# THE STARTING BLOCK 10K RACE and 3K FUN RUN

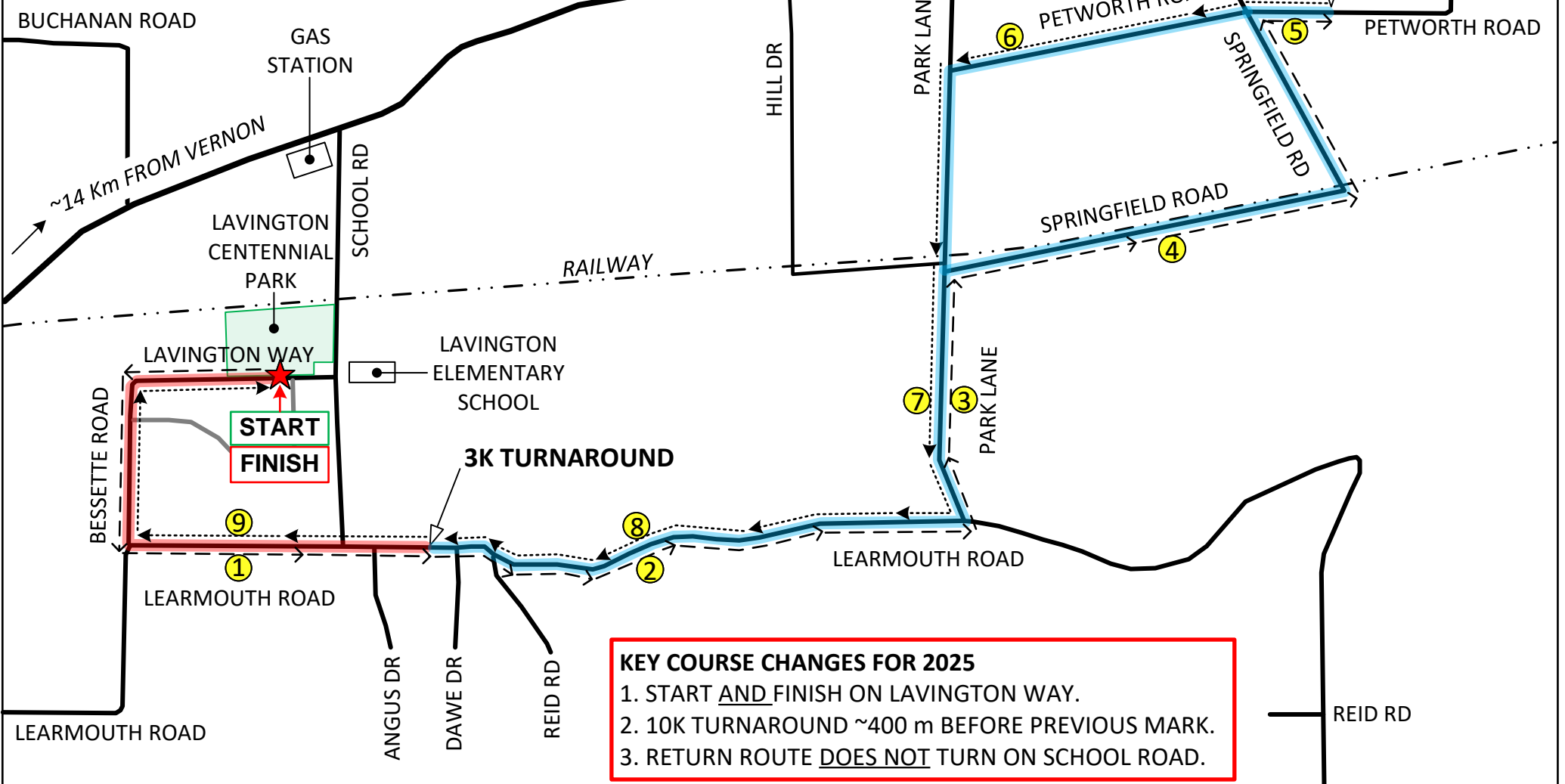
NEW COURSES FOR 2025 –  
10K TO BE CERTIFIED FOR 2026



SCALE 1:14,000 WHEN PRINTED ON 8.5 X 11" PAGE

**LEGEND**

- 10K ROUTE
- 3K & 10K ROUTE
- OUT
- BACK
- KM MARKER



**KEY COURSE CHANGES FOR 2025**

1. START AND FINISH ON LAVINGTON WAY.
2. 10K TURNAROUND ~400 m BEFORE PREVIOUS MARK.
3. RETURN ROUTE DOES NOT TURN ON SCHOOL ROAD.